

# WELCOME TO KARATE AND MARTIAL ARTS SCHOOL

Flank buffalo turducken tongue cow.  
Chuck pancetta tongue.

GET A FREE LESSON

01 02 03

CALL US 24/7  
+1-202-555-0140

SEASON STREET 45/2  
LOS ANGELES, INC - 4502

WORKING HOURS  
DAILY: 9AM - 8PM



## ABOUT FIGHT SCHOOL

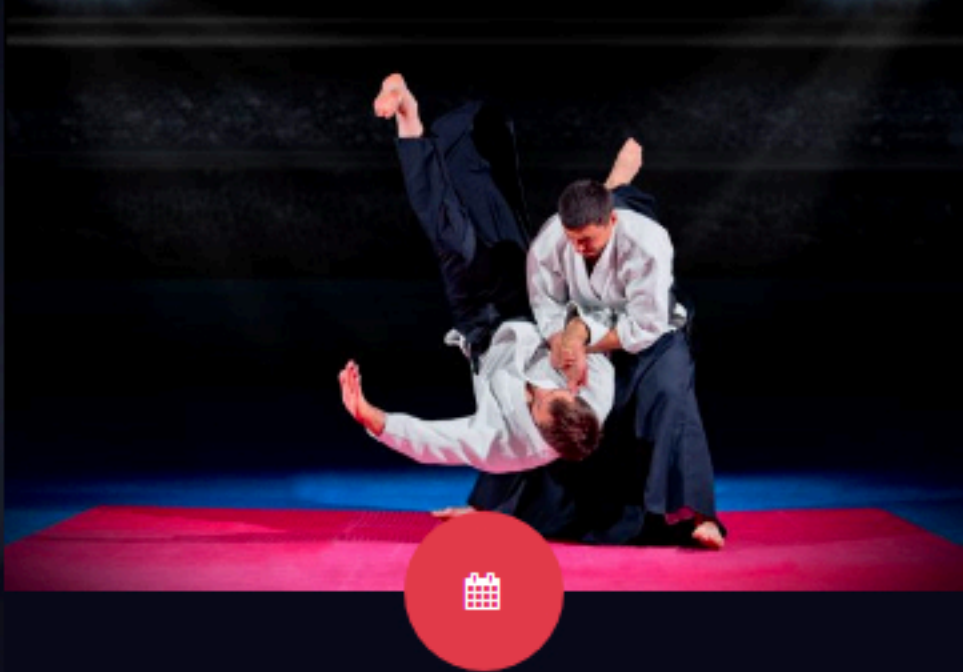
Fight School has specialized in martial arts since 1986 and has one of the most innovative programs in the nation.

We teach martial arts because we love it – not because we want to make money on you. Unlike other martial arts schools, we do not require you to sign long term contracts. You just pay one low monthly fee for your martial arts and self defense classes at the beginning of each month. Many martial arts... [READ MORE](#)

**Aiden Richards**  
DIRECTOR / INSTRUCTOR

*Signature*

## OUR PROGRAMS



### Jiu Jitsu Group

7:00-8:00 AM / VINCENT OSBORNE

Salami turkey beef ribs  
hamburger. Pork loin capicola  
tri-tip pork chop strip.



### Kung-Fu Group

9:00-10:00 PM / RYAN MUNOZ

Corned beef fatback beef kevin  
pork belly ribeye tongue  
porchetta spare ribs sausage.

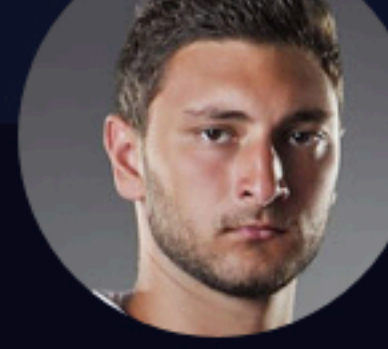


### Kids Karate Groups

10:00-11:00 AM / LIZZIE MEYER

Ribeye kevin shank bacon bris  
fatback. Sirloin frankfurter  
brisket, tri-tip pork chicken.

## WHAT CLIENTS SAY

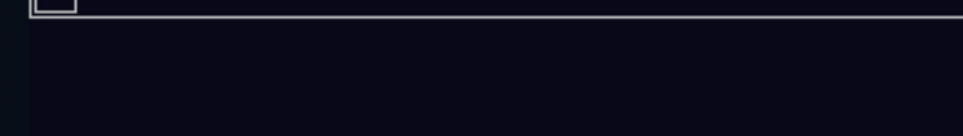
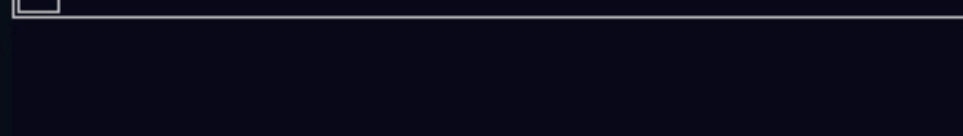
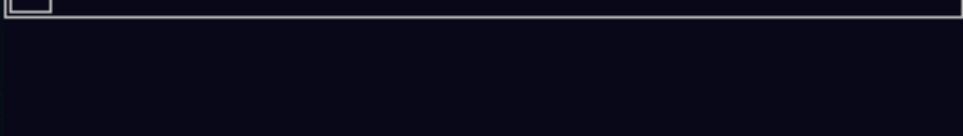


**John Phillips**

VISITOR

Corned beef pancetta sirloin ground round. Strip steak short ribs ham  
hock ball tip bresaola beef ribs chicken frankfurter. Picanha hamburger  
sausage pig spare ribs boudin pork loin porchetta drumstick.

## OUR INSTRUCTORS



**Ralph Lawson**  
ADULT INSTRUCTOR

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**Erik Warner**  
JIU-JITSU INSTRUCTOR

f t G

**Brett Hawkins**  
KICK BOXING INSTRUCTOR

f t G

## GET YOUR FREE PASS

Full Name  Your Phone  Date  Time

Your message

GET PASS NOW



## SPARRING / FAQ

DO I HAVE TO BE IN SHAPE TO GET STARTED?

Not at all. You'll find that our classes for beginners are the perfect way to build up your overall fitness level regardless of your physical condition. Good luck!

CAN I COME AND WATCH A CLASS?

AM I TOO OLD TO START MARTIAL ARTS TRAINING?

WILL I GET HURT DURING THE TRAINING?

## LATEST NEWS



JUNE 10, 2017 **SPORTS**

### Sample post with «Continue reading» link

Turkey corned beef chuck  
pork chop brisket, drumstick  
jerky. Pork belly cupim strip

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### Sample Post With Carousel

Turducken meatball  
tenderloin kevin, brisket  
shankle ham sirloin frankfurter

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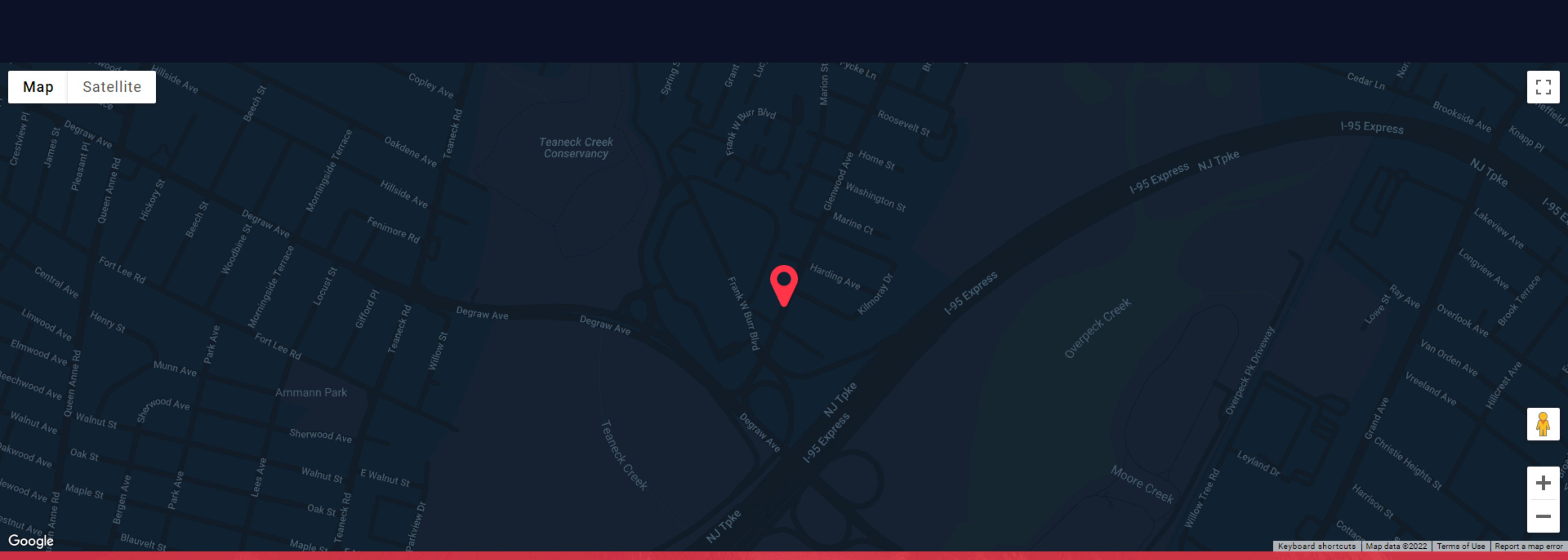


AUGUST 11, 2017 **KARATE**

### Iain Aber Karate Seminar in Los Angeles

A special treat is coming up, when world-renown Iain Aber will be in Los Angeles.

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## RECENT POSTS

Iain Aber Karate Seminar in Los Angeles  
AUGUST 11, 2017

Knee Pain in Martial Arts: Causes and Remedies  
AUGUST 1, 2017

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